



2nd Quarter – Plan Year 2020

Quarterly Newsletter

October 2019

Inside This Issue:

State of PEBP	1
Annual Member Satisfaction Survey	1
Aging Into Medicare and HRA Assistance	1
Flu Shot Season	2
Smart90 Network	2
PEBP Quarterly Questions and Answers	2
Medicare Open Enrollment	3
Via Benefits Onsite HRA Assistance	3

The State of PEBP

Plan Year 2019 wrapped up on June 30, 2019. During Plan Year 2019, PEBP offered the Consumer Driven Health Plan (PPO), the PEBP Premier Plan (EPO), as well as Health Plan of Nevada (HMO) for active employees and non-Medicare retirees while covering Medicare retirees through Via Benefits,

an individual market exchange.

PEBP saw success with Healthcare Bluebook (HCBB), a program offered to PPO and EPO members. Over the course of the plan year, there were 77,125 provider searches conducted on the website, 4,770 guided tours, and

\$26,550 in incentive checks sent to members who selected high quality low cost providers. For more information on HCBB, visit www.healthcarebluebook.com/cc/PEBP.

For more detailed information, you may view the full board report [here](#).

Annual Member Satisfaction Survey

It is that time of year again! On November 1st, PEBP will begin sending our annual member satisfaction survey to all email addresses on file with PEBP. We learned a lot from last year's survey and we hope to get valuable feedback

this year as well.

The survey will be open for six weeks and close on December 13th. Once the survey results have been compiled, they will be presented at a future PEBP Board Meeting.



Aging Into Medicare and HRA Assistance

Are you retiring soon and over the age of 65, or are you already retired and turning 65 soon?

Join PEBP and Via Benefits, the Medicare Exchange, for the Aging Into Medicare informational presentation on how to make the transition to Medicare. The presentation provides a step-by-step

process on how to transition to the Medicare Exchange and allows an opportunity for you to have your questions answered by PEBP and Via Benefits staff.

Are you already enrolled at Via Benefits and have questions or need additional assistance with your HRA?

Join the afternoon session for assistance with your HRA and to get your questions answered.

Both presentations are held every spring and fall. For a schedule of the presentations please click [here](#).

No appointments are needed to attend either presentation.

GET YOUR MEDICARE AND HRA QUESTIONS ANSWERED BY PEBP AND VIA BENEFITS STAFF!

Can't make it to one of the in-person meetings? Join us via live webinar to view and listen to the presentation as well as get your questions answered! Check the [calendar of events](#) on the day of the meeting you wish to join for the link.

Don't Waste Fall By Being Sick. Get A Flu Shot! It's Super Quick!



Whether you are enrolled in the Consumer Driven Health Plan (PPO), PEBP Premier Plan (EPO) or Health Plan of Nevada (HMO) your flu shot is covered when obtained from a participating provider. Why get a flu shot? By getting

vaccinated against the flu you can protect yourself from influenza, and may avoid spreading influenza to others such as children and aging parents.

For information about PEBP sponsored flu shot clinics in your area, click on the flyers below:

[Carson City Flu Shot Flyer](#)

[Las Vegas Flu Shot Flyer](#)

Mandatory Smart90 Pharmacy Network—CDHP

The Smart90 Pharmacy network allows members to save money on their 90-day supply of maintenance (long-term) medications. The Smart90 Pharmacy Network became mandatory for Plan Year 2020 which began July 1, 2019.

This means members enrolled in the Consumer Driven Health Plan (PPO) are required to have their 90-day supply of maintenance

prescription medications filled through Express Scripts home delivery or through a Smart90 participating retail pharmacy.

To receive coverage for maintenance medications, you must use the Smart90 Program.

Maintenance medications obtained in a 30-day supply are not eligible for coverage under this Plan and **you will be responsible for 100% of**

the prescription cost and will not receive Deductible and Out-of-Pocket credit.

The Smart90 Network **excludes** Walgreens and CVS but includes most of the other chains (Walmart, Costco, Smiths and other grocery store chains) as well as independent pharmacies.

For more information on this benefit, or to locate a Smart90 participating pharmacy, please

contact Express Scripts at 1-855-889-7708 or visit www.express-scripts.com/NVPEBP.

To see an informational flyer on how this benefit works, please click [here](#).



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PEBP Quarterly Questions and Answers

Question

What is Case Management?

Answer

Case management (CM) is a voluntary process where the clinical professionals at the utilization management company work with patients and their family members, to assist with coordination of various medical treatment

especially complex, costly and/or high-technology services such as those related to organ and tissue transplants, certain cancer treatments, serious head injuries, hospice care or certain behavioral health issues.

Question

When is the next PEBP Board meeting and where do I find information on it?

Answer

The next Board meeting is on Thursday, November 21st. Visit the [Meetings and Events](#) section of the PEBP website for more detailed information on each meeting. The agenda of topics as well as the complete board packet will be made available one week prior to each scheduled meeting.



Medicare Open Enrollment Isn't Going To Wait! Know The Dates!

Enrollment Begins
October 15th

Enrollment Ends
December 7th

Effective Date
January 1st

Medicare Open Enrollment begins on October 15 and continues through December 7, 2019 with coverage being effective on January 1, 2020. During Medicare Open Enrollment, you can make changes to your existing plans or enroll in a new plan(s).

You may receive phone calls or mailings from other insurance carriers offering plans that could cost you less money per month.

But remember: If you enroll in a plan outside of Via Benefits, you will lose your PEBP Health Reimbursement Arrangement (HRA), along with your Life Insurance and Dental Benefits (if enrolled).

You worked hard for many years serving Nevada and PEBP wants you to keep receiving employer contributions to your HRA as well as your Life Insurance and Dental Benefits.

Now is the time to review your current plan and decide if you want to make changes.

Please contact a Via Benefits Licensed Benefits Advisor at 1-888-598-7545 for assistance with any decision. The best time to call is in the afternoon or later in the week.



Via Benefits HRA On-Site Appointments

PEBP's Medicare retirees who are already enrolled at Via Benefits will have the opportunity to schedule an appointment with an HRA Specialist in person or over the phone. The in-person meetings are available in Las Vegas, Reno, or Carson City during October, November, and December 2019.

To view the flyer with more detailed information, including where parking will be available and the different services offered, please click [here](#).

If you are not experiencing any issues with your HRA, no action is needed on your part.



October 2019	
Las Vegas	October 7 th from 9 am - 3 pm October 8 th from 9 am - 3 pm
Reno	October 16 th from 9 am - 4 pm October 17 th from 9 am - 4 pm
November 2019	
Las Vegas	November 12 th from 9 am - 3 pm November 13 th from 9 am - 3 pm
Reno	November 20 th from 9 am - 4 pm November 21 st from 9 am - 4 pm
December 2019	
Las Vegas	December 9 th from 9 am - 3 pm December 10 th from 9 am - 3 pm
Reno	December 18 th from 9 am - 4 pm December 19 th from 9 am - 4 pm

Appointments are required and are available in person or over the phone.

To schedule an appointment, please call 1-844-266-1395.

Available dates and times for Carson City vary, so please call 1-844-266-1395 to check availability and to schedule an appointment.