



2nd Quarter – Plan Year 2019

Quarterly Newsletter

October 2018

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The State of PEBP

PEBP experienced another excellent year in Plan Year 2018 (July 1, 2017 – June 30, 2018). PEBP provided a Consumer Driven Health Plan (CDHP) alongside two Health Maintenance Organizations (HMO) for active employees and non-Medicare retirees while covering Medicare retirees through Via Benefits,

an individual market exchange.

PEBP also saw success with the preventive programs offered. The new preventive drug list was able to shift \$1.5 million away from members to the plan to make drugs more affordable. The annual preventive medical exam and

lab work achieved a utilization increase of 13.4% due to the HSA/HRA incentive program.

PEBP also adopted a new regulation on 1st party subrogation which provided financial relief to members.

For detailed information, you may view the full report [here](#).

Annual Member Satisfaction Survey

It is that time of year again! On October 29th, PEBP will begin sending our annual member satisfaction survey to all email addresses on file with PEBP. We learned a lot from last year's survey and we hope to get valuable feedback

this year as well.

The survey will be open for six weeks and close on December 7th. Once the survey results have been compiled, they will be presented at a future PEBP Board Meeting. If you do not

have an email address on file, or if you would like to update your preferred email address, click [here](#) for instructions on how to update your contact information online or visit our website at pebp.state.nv.us.

Healthcare Bluebook

Over 30,000 Healthcare Bluebook searches have been completed by PEBP participants on the Consumer Driven Health Plan (PPO) and the PEBP Premier Plan (EPO) since July 1st! Healthcare

Bluebook helps you compare the quality and costs of medical services using your smart phone, tablet, or computer.

This service provides a financial incentive to those who choose to obtain certain procedures at specific high quality low cost in-network

providers.

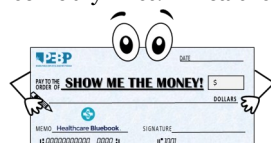
Have a question about savings? Call Healthcare Bluebook Customer Service at 1-800-341-0504 or visit www.healthcarebluebook.com/cc/PEBP.



Healthcare Bluebook™

**PEBP IS
SENDING
OUT CHECKS!**

**Have you
received
yours yet?**



Don't Waste Fall By Being Sick. Get A Flu Shot! It's Super Quick!



Whether you are enrolled in the Consumer Driven Health Plan (PPO), PEBP Premier Plan (EPO) or Health Plan of Nevada (HMO) your flu shot is covered when obtained from a participating provider.

Why get a flu shot? By getting vaccinated against the flu you can protect yourself from influenza, and may avoid spreading influenza to others such as children and aging parents.

For information about PEBP sponsored flu shot clinics and participating pharmacies in your area, view the Health and Wellness page on the PEBP website by clicking [here](#).

Keep Your Health Pristine, Get Other Vaccines.

The importance of getting a yearly flu shot is well known, however, there may be additional vaccines that you may need. Every year the [Centers for Disease Control and Prevention \(CDC\) release a new immunization schedule](#) that includes recommendations for both children and adults. The schedules change each year based on medical indications in previous years outbreaks and research.

Staying up to date on your vaccines not only protects you but also protects the health of everyone around you.

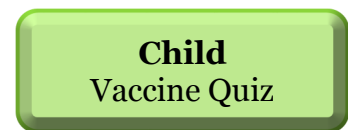
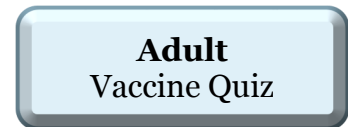
Vaccines are recommended based on age, medical condition, job, lifestyle, travel and other risk factors. Learn about the vaccines that you or your family may need by taking one of the CDC quizzes to the right. Be sure to discuss the recommendations with your healthcare provider or

pharmacist. In many cases vaccines are available at no cost to you when provided through your physician or local pharmacy.

For coverage details, please contact your health insurance carrier; HealthSCOPE can be reached at 1-888-763-8232 for CDHP and EPO participants and Health Plan of Nevada can be reached at 1-800-777-1840 for HPN HMO participants. The Nevada State

Immunization Program can also be reached at 775-684-5900 or nviz@health.nv.gov.

Not sure what you have been vaccinated against? You may view a copy of your personal [Nevada vaccination records](#).



PEBP Quarterly Questions and Answers

Question

Is there assistance available if I have to travel for a medical procedure?

Answer

In very limited circumstances and for certain procedures your plan may offer travel reimbursement. Please check your plan's Master Plan

Document for more detailed information on this benefit.

[Consumer Driven Health Plan](#) - pg. 55

[PEBP Premier Plan](#) — pg. 23

[Health Plan of Nevada](#) — pg. 15

Question

When is the next PEBP Board meeting and what topics will be covered?

Answer

The next Board meeting is on Thursday, November 29th. Visit the [Meetings and Events](#) section of the PEBP website for more detailed information on each meeting. The agenda of topics as well as the complete board packet will be made available one week before each scheduled meeting.



Medicare Open Enrollment Isn't Going To Wait! Know The Dates!

Enrollment Begins
October 15th

Enrollment Ends
December 7th

Effective Date
January 1st

Medicare Open Enrollment begins on October 15 and continues through December 7, 2018 with coverage being effective on January 1, 2019. During Medicare Open Enrollment, you can make changes to your existing plans or enroll in a new plan(s).

You may receive phone calls or mailings from other insurance carriers offering plans that could cost you less

money per month.

But remember: If you enroll in a plan outside of Via Benefits, you will lose your PEBP Health Reimbursement Arrangement (HRA), along with your Life Insurance and Dental Benefits (if enrolled).

You worked hard for many years serving Nevada and PEBP wants you to keep receiving employer contributions to your HRA as

well as your Life Insurance and Dental Benefits.

Now is the time to review your current plan and decide if you want to make changes.

Please contact a Via Benefits Licensed Benefits Advisor at 1-888-598-7545 for assistance with any decision. The best time to call is in the afternoon or later in the week.

HRA On-Site Assistance in Carson City, Reno and Las Vegas

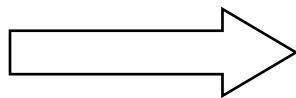
PEBP's Medicare retirees who are already enrolled at Via Benefits have the opportunity to meet with an HRA Specialist in Carson City, Reno or Las Vegas during October, November and December 2018.

The Via Benefits representative will be available to assist with such things as how to complete claim forms, how to enroll in auto-reimbursement, how to request reimbursement and the supporting documents that are needed, etc.

To schedule an appointment, please call 1-844-266-1395.

To see the flyer with all of the information, including locations and where parking is available, please click [here](#).

To the right is the schedule for November and December.



November 2018

Las Vegas

November 13th from 8 am - 5 pm
November 14th from 8 am - 3 pm

Reno

November 15th from 8 am - 4 pm
November 16th from 8 am - 4 pm

December 2018

Las Vegas

December 10th from 8 am - 5 pm
December 11th from 8 am - 3 pm

Reno

December 12th from 8 am - 4 pm
December 13th from 8 am - 4 pm

Available dates and times for **Carson City** vary, so please call 1-844-266-1395 to check availability and to schedule an appointment.

In order to see an HRA Specialist, an appointment is needed.

