



Consumer Driven Health Plan (CDHP) DISEASE MANAGEMENT PROGRAMS PRESCRIPTION BENEFIT FREQUENTLY ASKED QUESTIONS

► Diabetes Care Management (DCM) Program

Q: How do I enroll in the DCM Program?

A: The DCM Program is voluntary and considered an “opt-in” program, available to all primary Consumer Driven Health Plan (CDHP) participants and their covered dependents diagnosed with diabetes. To join the DCM Program, contact HealthSCOPE Benefits at (888) 763-8232 or mail form submission to:

HealthSCOPE Benefits

27 Corporate Hill Drive

Little Rock, AR 77205

Fax: (800) 458-0701

Email: diabetes@healthscopebenefits.com

Q: When enrolled under the DCM Program, how will medications be covered?

A: Once enrolled, diabetes-related medications, such as insulin and metformin, will be eligible for copayments and not subject to the plan year deductible. Copayments will apply to the annual out-of-pocket maximum. Medications may be filled through home delivery from the Express Scripts PharmacySM or at an In-Network Retail Pharmacy. Copayments are as follows:

In-Network Retail Pharmacy (30-day supply*)

Generic: \$5

Preferred Brand: \$25

Non-Preferred Brand: 100% coinsurance

*Prescriptions processed for a day supply between 31-90 will be charged 3x the copayment listed above

Express Scripts Home Delivery (90-day supply)

Generic: \$15

Preferred Brand: \$75

Non-Preferred Brand: 100% coinsurance

Q: When enrolled under the DCM Program, how will supplies be covered?

A: Once enrolled, diabetic supplies must be filled through the Express Scripts home delivery pharmacy. A flat copayment for each 90-day supply will apply. Copayments are not subject to the plan year deductible and will apply to the annual out-of-pocket maximum. Copayments are as follows:

In-Network Retail Pharmacy

Not eligible for program benefit. Normal plan benefits will apply (e.g., deductible and coinsurance).

Express Scripts Home Delivery (90-day supply)

\$50 maximum copay will apply for each eligible diabetic supply item. If a diabetic supply is less than \$50, the participant will be charged the actual cost of the item and not the flat copayment.



Q: Am I able to use Liberty Medical to order my diabetic supplies?

A: No. Participants of the DCM Program must use Express Scripts home delivery to receive this diabetic supply benefit.

Q: How do I transition my diabetes medication or diabetic supply to Express Scripts home delivery?

A: You can choose any one of these easy methods:

- **Ask your doctor for a new prescription** for up to a 90-day supply, plus refills for up to 1 year (if allowed). Then, ask the doctor to e-prescribe or fax the prescription to the Express Scripts Pharmacy. (Only doctors can fax prescriptions; the fax number is (800) 837-0959.)
- **Call Member Services** at (855) 889-7708. For most maintenance medicines/supplies, Express Scripts will be able to contact your provider and arrange for your first home delivery supply.
- **Log in at express-scripts.com** and view your prescription history. Click “Add to cart” on eligible prescriptions and check out. Express Scripts will contact your provider on your behalf. Check “Recent Order Status” to track your order. If you’re a first-time visitor to the website, please register using your member ID number.

Q: How long will it take to receive my order from the Express Scripts Pharmacy?

A: For first-time orders, please allow 10 to 14 days from the time Express Scripts receives your prescription. If we need to contact you or your provider for information, delivery could take longer. (If the provider can't be reached, you'll receive a letter or a phone call.) Once we've processed your first order, subsequent refills will usually be shipped within three to five days from the time the refill request is received.

Q: Are blood glucose monitors/meters covered under this program?

A: Items categorized as glucose meters/transmitters/sensors are part of the DCM Program. Participants are eligible for one item per year at a \$0 copayment. This benefit is available either through an in-network retail pharmacy or through Express Scripts home delivery.

Q: Are insulin pump supplies covered under this program?

A: Items classified as insulin pump supplies are excluded under the prescription benefit. To inquire about coverage of these items, please contact HealthSCOPE Benefits at (888) 763-8232. The participant may be able to purchase excluded items through the Express Scripts Pharmacy (if available) at an out-of-pocket cost outside the plan benefit.

► Obesity and Overweight Care Management Program

Q: How do I enroll in the Obesity and Overweight Care Management Program?

A: The Obesity and Overweight Care Management Program is an optional program available to all CDHP participants and their covered dependents diagnosed as obese or overweight by their physician. For enrollment, please contact HealthSCOPE Benefits at (888) 763-8232 or mail form submission to:
HealthSCOPE Benefits
27 Corporate Hill Drive
Little Rock, AR 77205
Fax: (800) 458-0701



Once you have met your final weight loss goal as determined by your weight loss provider at the onset of your participation in a medically supervised weight loss program, benefits under the Obesity and Overweight Care Management Program will end. Please refer to your State of Nevada Public Employees' Benefits Program Master Plan Document for more information.

Q: When enrolled in the Obesity and Overweight Care Management Program, how will medications be covered?

A: Once enrolled, obesity-related medications under the program will follow the below copayment structure. Medications processed for covered drugs under this program are not subject to the plan year deductible. Copayments will apply to the annual out-of-pocket maximum. Medications may be filled through home delivery from the Express Scripts Pharmacy or at an In-Network Retail Pharmacy.

In-Network Retail Pharmacy (30-day supply*)

Generic: \$5

Preferred Brand: \$25

Non-Preferred Brand: 100% coinsurance

*Prescriptions processed for a day supply between 31-90 will be charged 3x the copayment listed above

Express Scripts Home Delivery (90-day supply)

Generic: \$15

Preferred Brand: \$75

Non-Preferred Brand: 100% coinsurance

Enrollment forms for the Diabetes Care Management Program and the Obesity and Overweight Care Management Program are available by logging in to the E-PEBP Portal at www.pebp.state.nv.us and clicking on HealthSCOPE Benefits.