



BENEFITS 101

Preventive Care—Covered 100%

BE PREPARED...GET ANNUAL PREVENTIVE CARE

Preventive care visits, immunizations and screenings are important at every age. **PEBP covers your preventive care and well-child visits at 100% when you visit a network provider.***

*Limit one per year. Tests must be age appropriate, physician ordered, based on patient/family history, and submitted with “V” codes (“routine” or “preventive”) to be covered at 100%.

IT’S EASY TO SCHEDULE YOUR PREVENTIVE VISIT!

1. Find a network provider, visit www.healthscopebenefits.com or call HSB at 1-888-7NEVADA.
2. Schedule your appointment. Be sure to tell the physician’s office that you’re scheduling an annual preventive wellness physical exam.
3. Bring this list to your appointment to be sure you receive all of the recommended preventive services.
4. In-network preventive exams are covered at 100% once per year. **There is no co-pay for preventive care.** Tests must be age appropriate, physician ordered based on patient/family history, and submitted with “V” codes (“routine” or “preventive”) to be covered at 100%.

ADULT PREVENTIVE CARE (AGES 18 AND OLDER)

You can receive one routine physical examination per plan year. Females may have a physical exam as well as a visit with an OB/GYN. Use this form to advise your physician’s office on how to code your claim properly:

Recommended Care	Recommended Frequency*	Coding information
Routine office visit and examination	One per plan year	V25, V70, V7231—General routine health and gynecological exams History & Physical should be billed as part of the wellness visit, not as a separate consult
Blood pressure screening	Once per plan year	V25, V70, V7231—General routine health and gynecological exams
Influenza vaccination (flu shot)	Once per plan year	V03-V072—Vaccinations of Diseases
Pap test and pelvic exam (checking for cervical cancer and other abnormalities)	Annually (your physician may recommend different frequency based on your health/risk factors)	V25, V70, V7231-General routine health and gynecological exams
Tetanus/Diphtheria (TD) booster	Once every 10 years	V03-V072-Vaccinations of Diseases
Cholesterol screening, including triglyceride, LDL and HDL (also called lipid panel)	Once every 5 years (your physician may recommend different frequency based on your health/risk factors)	V24, V70, V7231-General routine health and gynecological exams

Please note that this is simply an overview of the general benefit plan design for 2011. While every effort has been made to give you correct and complete information about the 2011 benefit package, in the event of any conflict or inconsistency between this material and the relevant plan documents, the terms of the legal documents will control.



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Recommended Care	Recommended Frequency*	Coding information
Mammogram	Once per plan year starting at age 40	V7610-V7619
Colorectal cancer screenings <ul style="list-style-type: none"> • Colonoscopy; or • Fecal occult blood test, and • Flexible sigmoidoscopy; or • Double contrast barium enema 	<ul style="list-style-type: none"> • Every 10 years starting at age 50 • Once per plan year starting at age 50 • Every 5 years starting a age 50 • Every 5 years starting at age 50 	V7650-V7651 History & Physical should be billed as part of the colonoscopy surgery, not as a separate consult
Prostate cancer screenings <ul style="list-style-type: none"> • Prostate specific antigen (PSA) • Digital rectal examination 	<ul style="list-style-type: none"> • Once per plan year starting at age 50 • Once pre plan year starting at age 50 	V7644
Bone density screening	Every two years starting at age 65; earlier depending on risk factors for osteoporosis	V8291

*SOURCE: Center for Disease Control and Prevention, United States, 2008, MMWR 2007; 56 (51&52): Q1-Q4

WELL-CHILD CARE (UP TO AGE 18)

Recommended Care	Recommended Frequency*	Coding information
Routine well-child office visit and examination	Six visits during child's first 12 months, three visits during the second 12 months, and one visit per plan year from ages 3-18	V20-202-Routine child/infant check

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