



## A Proclamation by the Governor

**WHEREAS;** spending on health care in the United States and in Nevada continues to grow at a rapid and unsustainable pace; and

**WHEREAS;** healthy employees are a vital component in a productive and cost-efficient workplace; and

**WHEREAS;** state departments can positively affect the health of their employees through effective prevention activities and programs; and

**WHEREAS;** the State of Nevada seeks to improve health outcomes, lower health care costs and improve productivity; and

**WHEREAS;** workplace wellness and disease prevention programs have been proven to decrease medical costs and absenteeism, thus providing a positive return on the investment in better health; and

**WHEREAS;** personal assistance in helping individuals choose healthy behaviors can lead to increased productivity and job satisfaction, which can decrease health insurance costs and reduce absenteeism, stress and injuries, as well as improve recruitment and retention; and

**WHEREAS;** employees become responsible and conscientious health-care consumers through education, screening, resources and a work environment conducive to health and safety; and

**WHEREAS;** chronic conditions often can be improved, maintained or even prevented with care management; and

**WHEREAS;** it makes economic sense to have a healthy state employee work force because it benefits citizens financially and results in better service and improved quality of life;

**NOW, THEREFORE, I, JIM GIBBONS, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim the month of July 2010, to be**

### HEALTHY LIVING AND DISEASE PREVENTION AWARENESS MONTH



*In Witness Whereof,* I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 12<sup>th</sup> day of July 2010.

*Jim Gibbons*  
Governor

By *Cory Miller*  
Secretary of State

By \_\_\_\_\_  
Deputy

